



Summer Learning Workshops for Kids

Presented by
The Wishing Star Lapointe Developmental Clinic

Summer
2014

Summer is a great time for fun and play! Summer is also an excellent time to brush up on learning skills and get ready for school success in the fall!

The Wishing Star is now offering fun and interactive learning workshops for kids ages 8 to 13!

You can sign up for one or take all 4!

Workshops include a take-home booklet and will be a combination of learning, discussion, and practical tools (and some laughter and fun!)

1. Let's Get Ready - equipping kids with foundation learning skills

July 30th (Wed) 3:00PM - 5:00PM or August 1st (Fri) 9:00AM - 11:00AM

This workshop is a great introduction to some key learning habits and strategies for optimal learning.

Foundation skills to be explored include:

- ▶ Positive learning behaviours and focus and attention
- ▶ Asking questions/being curious
- ▶ Vocabulary development
- ▶ Reflective learning
- ▶ Internal dialogue and positive self-talk
- ▶ Following rules and directions
- ▶ Reading for pleasure
- ▶ Personal best



2. Smart kids - teaching kids how to learn

August 6th (Wed) 3:00PM - 5:00PM or August 8th (Fri) 9:00AM - 11:00AM

So often kids are taught *what* to learn but not *how* to learn. This workshop will look at the process of learning and the learning how to learn skills including:

- ▶ Learning styles
- ▶ Textbook exploration and note taking
- ▶ Making mistakes
- ▶ Learning strategies and ways to remember information
- ▶ Active reading and reading comprehension
- ▶ Preparation and planning
- ▶ Brain booster tips and memory tools
- ▶ Study habits and test taking skills

3. Smart, not Scattered - teaching kids the executive functioning skills

August 13th (Wed) 3:00PM - 5:00PM or August 15th (Fri) 9:00AM - 11:00AM

Ever feel your child is scattered and forgetful? You are not alone. So, this workshop aims to increase kids' awareness and understanding of the executive functioning skills and will provide some practical suggestions to put these skills to good use. The executive functioning skills to be looked at include:

- ▶ Response inhibition
- ▶ Organization
- ▶ Working memory
- ▶ Goal-directed persistence
- ▶ Emotional control
- ▶ Self-Monitoring
- ▶ Attention
- ▶ Planning and prioritization

4. Ready, Set, Go! - preparing kids to be ready for school

August 20th (Wed) 3:00PM - 5:00PM or August 22nd (Fri) 9:00AM - 11:00AM

School is coming and it's time to get ready! It's helpful to start talking with kids about what they can do to prepare and also what to expect in the school year ahead.

Topics explored include:

- ▶ Successful learning
- ▶ Personal best at school
- ▶ Managing anxiety in learning
- ▶ Life balance
- ▶ Transitions
- ▶ Reflective learning

Location: The Wishing Star Lapointe Developmental Clinic

129-3388 Rosemary Heights Crescent, Surrey, BC V3S 0K7

Cost: \$125 / Workshop or \$400 / for all 4 Workshops

Registration: Please contact our office

Phone: 778-294-8732 | Fax: 778-294-3732 | Email: info@lapointepsychology.com

Website: www.lapointepsychology.com

