

FREE Workshop for parents and caregivers



The ABCs of Mental Health for Children:
Understanding childhood emotional & behavioural challenges through the lens of attachment.

Presenter: Dr. Vanessa Lapointe, R. Psych.
and founder of The Wishing Star
Lapointe Developmental Clinic

Saturday, November 19, 2016
9:00am - 2:00pm

9:00am - 9:30am

Doors open for registration

9:30am

Workshop begins

11:30am - 12:15pm

Complimentary lunch and
resource tables

12:45pm - 2:00pm

Workshop resumes and includes
Question and Answer period

A limited number of child-minding spaces are available for children that are potty trained and older

Location: SD83 District Education Support Centre 341 Shuswap St. SW, Salmon Arm

This FREE workshop has limited seating so RSVP's are a must.

https://cymhsu_drlapointe.eventbrite.ca

Link to register for child-minding will be sent when you register your attendance.



WORKSHOP

In this workshop, we will seek to understand the most common mental health challenges in young children, including behaviour disorders, anxiety, and depression, through the lens of attachment. We will examine our approaches to understanding the needs of children presenting with mental health concerns, as well as the methods we use to intervene and nurture change in their worlds.

For more info call:
250.833.6100

**Shuswap Local Action Team of the
Child and Youth Mental Health and Substance Use Collaborative**
Improving timely access to integrated mental health and substance use services for children, youth and families